

Ann G. Phillips

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Education

- Ph.D. Experimental/Social Psychology, University of North Carolina at Greensboro (2006). Dissertation: *Predicting emotional reactions to self-goal discrepancies: Magnitude of discrepancy versus velocity in goal achievement.*
- M.A. Experimental/Social Psychology, University of North Carolina at Greensboro (2003). Thesis: *Regulatory focus and varieties of regret.*
- B.S. Psychology (cum laude), Berry College, Mt. Berry, GA (2000).

Publications

Silvia, P. J., & Phillips, A. G. (2013). Self-awareness without awareness? Implicit self-focused attention and behavioral self-regulation. *Self and Identity, 12*, 114-127.

Silvia, P. J., & Phillips, A. G. (2011) Evaluating self-reflection and insight as self-conscious traits. *Personality and Individual Differences, 50*, 234-237.

Phillips, A. G., & Silvia, P. J. (2010). Individual differences in self-discrepancies and emotional experience: Do distinct discrepancies predict distinct emotions? *Personality and Individual Differences, 49*, 148-151.

Phillips, A. G., Silvia, P. J., & Paradise, M. J. (2007). The undesired self and emotional experience: A latent variable analysis. *Journal of Social and Clinical Psychology, 26*, 1035-1047.

Silvia, P. J., Phillips, A. G., Baumgaertner, M. K., & Maschauer, E. L. (2006). Emotion concepts and self-focused attention: Exploring parallel effects of emotional states and emotional knowledge. *Motivation and Emotion, 30*, 229-235.

Phillips, A. G., & Silvia, P. J. (2005). Self-awareness and the emotional consequences of self-discrepancies. *Personality and Social Psychology Bulletin, 31*, 703-713.

Silvia, P. J., Eichstaedt, J., & Phillips, A. G. (2005). Are rumination and reflection types of self-focused attention? *Personality and Individual Differences*, 38, 871-881.

Silvia, P. J., & Phillips, A. G. (2004). Self-awareness, self-evaluation, and creativity. *Personality and Social Psychology Bulletin*, 30, 1009-1017.

Grant Submission

National Awards Program for Integrated Research and Design Projects

Proposal Name: Genetta Park Restorative and Healing Gardens

Budget: \$1,522,473

Dates: 2013-2017

Decision Date: January, 2013

Role: Principal Team Member, Social Scientist Researcher

Poster Presentations

Phillips, A. G. (2012). *I failed, but at least I am improving quickly: The roles of control process and self-awareness theories in predicting emotional reactions to self-discrepancies*. Poster presented at the annual Society for Personality and Social Psychology conference, San Diego, CA.

Phillips, A. G. (2006). *Predicting intensity of emotional reactions to self-goal discrepancies: Magnitude of discrepancy versus velocity in goal achievement*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Phillips, A. G., Baumgaertner, M. K., Maschauer, E. L., & Silvia, P. J. (2005). *The effects of emotion concepts and emotional experience on self-focused attention*. Poster presented at the 6th annual Society for Personality and Social Psychology conference, New Orleans, LA.

Phillips, A. G., Silvia, P. J., & Paradise, M. (2005). *Self-discrepancies and emotional experience: A latent variable analysis*. Poster presentation at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Phillips, A. G., Baumgaertner, M. K., & Silvia, P. J. (2004). *Emotion concepts and self-focused attention: When do emotional effects on cognition require emotional experience?* Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Phillips, A. G., & Silvia, P. J. (2004). *Self-awareness and the emotional consequences of self-discrepancies*. Poster presented at the annual meeting of the Society of Southeastern Social Psychologists, Clemson, SC.

Oral Presentations

Phillips, A. G. (2006). *The imperfect self: You can't always get what you want... or do what you should*. Invited address at Berry College, Rome, GA, February, 2006.

Phillips, A. G., & Silvia, P. J. (2005). *Self-awareness and the emotional consequences of self-discrepancies*. Presentation at the annual meeting of the Midwestern Psychological Association, Chicago, IL, May, 2005.

Classes Taught

General Psychology
Statistics for the Behavioral Sciences
Research Methods in Psychology
Social Psychology
Theories of Personality
Human Relations in Organizations
Cognitive Psychology
Psychology of Women
Positive Psychology
Seminar: Psychology of the Self
History and Systems of Psychology
Biological Psychology
Senior Capstone in Psychology
First-Year Experience (FYEX 103)
INDP371, 372: Adventures in Paradise: Puerto Rico
INDP 372: British Tales: London, UK

Service

Travel and International Studies Committee, Secretary (2010-Present)
Advisor, Psi Chi Honor Society (2007- Present)
Trip Co-Leader for "Adventures in Paradise: Puerto Rico" (2010, 2012)
Trip Co-Leader for "British Tales: London" (2012)
Advisor, Psychology Club (2007-2011)
Honors Program Steering Committee (2011)
Psychology Faculty Search Committee (2007, 2011)
Communication Studies Search Committee (2011)
Quality Enhancement Plan White Paper Committee (2008-2009)
Disability Services Committee (2007-2009)
Academic Policy Committee (2007-2009)

Professional Association Memberships

American Psychological Association
Association of Department Heads in Psychology
Social Psychology Network
Society for Personality and Social Psychology (APA Division 8)
Society of Southeastern Social Psychologists

Present Professional Position (Fall 2007-)

Department of Psychology, Huntingdon College

Description: My position at Huntingdon college has included many responsibilities as both an assistant professor and (for a time) department chair. In addition to academic advising and teaching a wide range of classes, I also supervise student internships, senior capstone projects, and courses by conference. I am involved in several campus groups, including Psi Chi, the Psychology Club, the Huntingdon travel program, and several faculty committees. As department chair, I had several administrative duties, which include budgeting, course scheduling and rotations, and departmental assessment.

Previous Professional Positions

2006 Elon University, Adjunct Assistant Professor
2005 High Point University, Adjunct Instructor
2000-2006 University of North Carolina at Greensboro, Research Assistant, Teaching Assistant, and Instructor

References

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Paul Silvia
Associate Professor of Psychology
University of North Carolina at Greensboro
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Roxanne St. Martin
Assistant Professor of Athletic Training
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