

Ann G. Phillips

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Education

- Ph.D. Experimental/Social Psychology, University of North Carolina at Greensboro (2006). Dissertation: *Predicting emotional reactions to self-goal discrepancies: Magnitude of discrepancy versus velocity in goal achievement.*
- M.A. Experimental/Social Psychology, University of North Carolina at Greensboro (2003). Thesis: *Regulatory focus and varieties of regret.*
- B.S. Psychology (cum laude), Berry College, Mt. Berry, GA (2000).

Publications

Silvia, P. J., & Phillips, A. G. (2013). Self-awareness without awareness? Implicit self-focused attention and behavioral self-regulation. *Self and Identity, 12*, 114-127. (International Society of Self and Identity Research 2013 paper of the year. Award given February 2014)

Silvia, P. J., & Phillips, A. G. (2011) Evaluating self-reflection and insight as self-conscious traits. *Personality and Individual Differences, 50*, 234-237.

Phillips, A. G., & Silvia, P. J. (2010). Individual differences in self-discrepancies and emotional experience: Do distinct discrepancies predict distinct emotions? *Personality and Individual Differences, 49*, 148-151.

Phillips, A. G., Silvia, P. J., & Paradise, M. J. (2007). The undesired self and emotional experience: A latent variable analysis. *Journal of Social and Clinical Psychology, 26*, 1035-1047.

Silvia, P. J., Phillips, A. G., Baumgaertner, M. K., & Maschauer, E. L. (2006). Emotion concepts and self-focused attention: Exploring parallel effects of emotional states and emotional knowledge. *Motivation and Emotion, 30*, 229-235.

Phillips, A. G., & Silvia, P. J. (2005). Self-awareness and the emotional consequences of self-discrepancies. *Personality and Social Psychology Bulletin, 31*, 703-713.

Silvia, P. J., Eichstaedt, J., & Phillips, A. G. (2005). Are rumination and reflection types of self-focused attention? *Personality and Individual Differences*, 38, 871-881.

Silvia, P. J., & Phillips, A. G. (2004). Self-awareness, self-evaluation, and creativity. *Personality and Social Psychology Bulletin*, 30, 1009-1017.

Poster Presentations

Phillips, A. G. (2012). *I failed, but at least I am improving quickly: The roles of control process and self-awareness theories in predicting emotional reactions to self-discrepancies*. Poster presented at the annual Society for Personality and Social Psychology conference, San Diego, CA.

Phillips, A. G. (2006). *Predicting intensity of emotional reactions to self-goal discrepancies: Magnitude of discrepancy versus velocity in goal achievement*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Phillips, A. G., Baumgaertner, M. K., Maschauer, E. L., & Silvia, P. J. (2005). *The effects of emotion concepts and emotional experience on self-focused attention*. Poster presented at the 6th annual Society for Personality and Social Psychology conference, New Orleans, LA.

Phillips, A. G., Silvia, P. J., & Paradise, M. (2005). *Self-discrepancies and emotional experience: A latent variable analysis*. Poster presentation at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Phillips, A. G., Baumgaertner, M. K., & Silvia, P. J. (2004). *Emotion concepts and self-focused attention: When do emotional effects on cognition require emotional experience?* Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Phillips, A. G., & Silvia, P. J. (2004). *Self-awareness and the emotional consequences of self-discrepancies*. Poster presented at the annual meeting of the Society of Southeastern Social Psychologists, Clemson, SC.

Oral Presentations

Phillips, A. G. (2006). *The imperfect self: You can't always get what you want... or do what you should*. Invited address at Berry College, Rome, GA, February, 2006.

Phillips, A. G., & Silvia, P. J. (2005). *Self-awareness and the emotional consequences of self-discrepancies*. Presentation at the annual meeting of the Midwestern Psychological Association, Chicago, IL, May, 2005.

Classes Taught

St. Andrews University:
Introduction to Psychology
Departmental Seminar
Drugs and Behavior
Personality Psychology
Research Methods with Lab
Seminar: The Self
Social Psychology
Applied Psychology (Fall 2014)
Cognitive Neuroscience (Fall 2014)

Previously:
General Psychology
Statistics for the Behavioral Sciences
Research Methods in Psychology
Social Psychology
Theories of Personality
Human Relations in Organizations
Cognitive Psychology
Psychology of Women
Positive Psychology
Seminar: Psychology of the Self
History and Systems of Psychology
Biological Psychology
Senior Capstone in Psychology
First-Year Experience (FYEX 103)
INDP371, 372: Adventures in Paradise: Puerto Rico
INDP 372: British Tales: London, UK

Service

St. Andrews University
Academic Advisor (Spring 2014-present)
Advisor, Psi Chi Honor Society
General Education Subcommittee for SAGE (St. Andrews General Education) series
Psychology Faculty Search Committee
Science Olympiad leader: Experimental Design

Huntingdon College
Academic Advisor (2007-2013)
Travel and International Studies Committee, Secretary (2010-2013)
Advisor, Psi Chi Honor Society (2007- Present)
Trip Co-Leader for "Adventures in Paradise: Puerto Rico" (2010, 2012)

Trip Co-Leader for “British Tales: London” (2012)
Advisor, Psychology Club (2007-2011)
Honors Program Steering Committee (2011)
Psychology Faculty Search Committee (2007, 2011)
Communication Studies Search Committee (2011)
Quality Enhancement Plan White Paper Committee (2008-2009)
Disability Services Committee (2007-2009)
Academic Policy Committee (2007-2009)

Professional Association Memberships

American Psychological Association (2001-Present)
Association of Department Heads in Psychology (2008-2012)
Social Psychology Network (2011-present)
Society for Personality and Social Psychology (APA Division 8)
Society of Southeastern Social Psychologists (2001-Present)

Professional Positions

2013-present St. Andrews University Assistant Professor of Psychology
2007-2013 Huntingdon College, Assistant Professor of Psychology and Chair
2006 Elon University, Adjunct Assistant Professor
2005 High Point University, Adjunct Instructor
2000-2006 University of North Carolina at Greensboro, Research Assistant, Teaching Assistant, and Instructor

St. Andrews University

Description: My primary responsibility at St. Andrews University is teaching. I have become an advisor for Psychology majors and the Psi Chi Honor Society. I also supervise research practicum, field internships, and a courses by conference/tutor. As a Psychologist in the Department of Natural and Life Science, I recommend course rotations, possible curriculum tweaks, and Psychology major assessment. I have been involved in the recent Psychology faculty search as well as Admissions open house days, Public Relations interviews on local radio, the Science Olympiad, and a general education sub committee.

Huntingdon College

Description: My position at Huntingdon college included many responsibilities as both an assistant professor and (for a time) department chair. In addition to academic advising and teaching a wide range of classes, I supervised student internships, senior capstone projects, and courses by conference. I was involved in several on-campus groups, including Psi Chi, the Psychology Club, the Huntingdon travel program, and several faculty committees. As department chair, I completed administrative duties that included budgeting, course scheduling and rotations, and departmental assessment.