

# Ann G. Phillips

St. Andrews University  
1700 Dogwood Mile  
Laurinburg, NC 28352  
Office: 910.277.5321  
phillipsag@sa.edu

Home  
159 Kensington Way  
Aberdeen, NC 28315  
Cell: 336.456.3931  
[annphillipsphd@aol.com](mailto:annphillipsphd@aol.com)  
[phillips.socialpsychology.org](http://phillips.socialpsychology.org)

## Education

- Ph.D. Experimental/Social Psychology, University of North Carolina at Greensboro (2006).
- M.A. Experimental/Social Psychology, University of North Carolina at Greensboro (2003).
- B.S. Psychology, Berry College, Mt. Berry, GA (2000).

## Publications

Phillips, A. G. (2017). Self-Awareness. In V. Zeigler-Hill, & T. K. Shackelford (eds.), *Encyclopedia of Personality and Individual Differences*, DOI: 10.1007/978-3-319-28099-8\_1158-1. (Online now; in print in 2018)

Phillips, A. G. (2017). Self-Consciousness. In V. Zeigler-Hill, & T. K. Shackelford (eds.), *Encyclopedia of Personality and Individual Differences*, DOI: 10.1007/978-3-319-28099-8\_1161-1. (Online now; in print in 2018)

Phillips, A. G. (2017). Self-Reflection. Manuscript accepted for publication in V. Zeigler-Hill, & T. K. Shackelford (eds.), *Encyclopedia of Personality and Individual Differences*.

Silvia, P. J., & Phillips, A. G. (2013). Self-awareness without awareness? Implicit self-focused attention and behavioral self-regulation. *Self and Identity*, 12, 114-127. (International Society of Self and Identity Research 2013 paper of the year. Award given February 2014)

Silvia, P. J., & Phillips, A. G. (2011) Evaluating self-reflection and insight as self-conscious traits. *Personality and Individual Differences*, 50, 234-237.

Phillips, A. G., & Silvia, P. J. (2010). Individual differences in self-discrepancies and emotional experience: Do distinct discrepancies predict distinct emotions? *Personality and Individual Differences*, 49, 148-151

Phillips, A. G., Silvia, P. J., & Paradise, M. J. (2007). The undesired self and emotional experience: A latent variable analysis. *Journal of Social and Clinical Psychology, 26*, 1035-1047.

Silvia, P. J., Phillips, A. G., Baumgaertner, M. K., & Maschauer, E. L. (2006). Emotion concepts and self-focused attention: Exploring parallel effects of emotional states and emotional knowledge. *Motivation and Emotion, 30*, 229-235.

Phillips, A. G., & Silvia, P. J. (2005). Self-awareness and the emotional consequences of self-discrepancies. *Personality and Social Psychology Bulletin, 31*, 703-713.

Silvia, P. J., Eichstaedt, J., & Phillips, A. G. (2005). Are rumination and reflection types of self-focused attention? *Personality and Individual Differences, 38*, 871-881.

Silvia, P. J., & Phillips, A. G. (2004). Self-awareness, self-evaluation, and creativity. *Personality and Social Psychology Bulletin, 30*, 1009-1017.

### **Poster Presentations**

Phillips, A.G., & Silvia, P. J. (2015). *Self-awareness without awareness: Implicit self-focused attention and behavioral self-regulation*. Poster presented at the St. Andrews University annual Science Homecoming and Research Exposition, Laurinburg, NC.

Research Methods class of 2014 and Phillips, A. G. (2015). *Coke vs. Pepsi: Can you tell the difference?* Poster presented at the St. Andrews University annual Science Homecoming and Research Exposition, Laurinburg, NC.

Phillips, A. G. (2012). *I failed, but at least I am improving quickly: The roles of control process and self-awareness theories in predicting emotional reactions to self-discrepancies*. Poster presented at the annual Society for Personality and Social Psychology conference, San Diego, CA.

Phillips, A. G. (2006). *Predicting intensity of emotional reactions to self-goal discrepancies: Magnitude of discrepancy versus velocity in goal achievement*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Phillips, A. G., Baumgaertner, M. K., Maschauer, E. L., & Silvia, P. J. (2005). *The effects of emotion concepts and emotional experience on self-focused attention*. Poster presented at the 6<sup>th</sup> annual Society for Personality and Social Psychology conference, New Orleans, LA.

Phillips, A. G., Silvia, P. J., & Paradise, M. (2005). *Self-discrepancies and emotional experience: A latent variable analysis*. Poster presentation at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Phillips, A. G., Baumgaertner, M. K., & Silvia, P. J. (2004). *Emotion concepts and self-focused attention: When do emotional effects on cognition require emotional experience?* Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Phillips, A. G., & Silvia, P. J. (2004). *Self-awareness and the emotional consequences of self-discrepancies*. Poster presented at the annual meeting of the Society of Southeastern Social Psychologists, Clemson, SC.

### **Oral Presentations**

Phillips, A. G. (2016). *The self and emotions*. Presented at Kultur am Sonntag (Culture on Sunday club). Dorf Tirol, Italy, October, 2016.

Phillips, A. G. (2006). *The imperfect self: You can't always get what you want... or do what you should*. Invited address at Berry College, Rome, GA, February, 2006.

Phillips, A. G., & Silvia, P. J. (2005). *Self-awareness and the emotional consequences of self-discrepancies*. Presentation at the annual meeting of the Midwestern Psychological Association, Chicago, IL, May, 2005.

### **Classes Taught**

Abnormal Psychology	Personality Psychology
Adventures in Paradise: Puerto Rico	Positive Psychology
Biological Psychology	Psychology of Gender
British Tales: London, UK	Psychology of Women
Cognitive Neuroscience	Research Methods (with and without Lab)
Cognitive Psychology	Seminar: The Self
Drugs and Behavior	Senior Capstone in Psychology
First Year Experience	Social Psychology
History and Systems of Psychology	Statistics
Human Relations	
Introduction to Psychology	

### **Service**

#### **St. Andrews University**

Academic Advisor (Spring 2014-present)

Advisor, Psi Chi Honor Society (2013-present)

Brunnenburg, Italy Trip Leader (2016)

General Education Subcommittee for SAGE (St. Andrews General Education) series (2014)

International Studies Committee (2014-Present)

Psychology Faculty Search Committee (2014-2015)  
Science Olympiad: Experimental Design (2014, 2015), Science Olympiad Central (2016),  
Hovercraft (2017)  
Program Coordinator for Psychology (2016)

### **Huntingdon College**

Academic Advisor (2007-2013)  
Travel and International Studies Committee, Secretary (2010-2013)  
Advisor, Psi Chi Honor Society (2007- Present)  
Trip Co-Leader for “Adventures in Paradise: Puerto Rico” (2010, 2012)  
Trip Co-Leader for “British Tales: London” (2012)  
Advisor, Psychology Club (2007-2011 )  
Honors Program Steering Committee (2011)  
Psychology Faculty Search Committee (2007, 2011)  
Communication Studies Search Committee (2011)  
Quality Enhancement Plan White Paper Committee (2008-2009)  
Disability Services Committee (2007-2009)  
Academic Policy Committee (2007-2009)

### **Professional Association Memberships**

American Psychological Association (2001-Present)  
Association of Department Heads in Psychology (2008-2012)  
Social Psychology Network (2011-present)  
Society for Personality and Social Psychology (2001-Present)  
Society of Southeastern Social Psychologists (2001-Present)

### **Professional Positions**

2013-present

St. Andrews University, Laurinburg, NC

Assistant Professor of Psychology and Program Coordinator

Description: My responsibilities at St. Andrews are teaching, advising psychology majors, supervising research practicums, field internships, and independent study students. I am also the Psi Chi advisor. I recommend course rotations, possible curriculum changes, and written Psychology major assessment reports. I have been involved with a Psychology faculty search, admissions open house days, public relations interviews, and the yearly Science Olympiad held on campus. My committee work is listed above. Last spring, I also became the “official” program coordinator for the Psychology major and the faculty leader for the Fall 2016 semester abroad trip to Brunnenburg, Italy. Thirteen students and I had an amazing adventure studying culture, history, and psychology in the Tyrolean Alps.

2007-2013

Huntingdon College, Montgomery, AL

Assistant Professor of Psychology and Chair

Description: My position at Huntingdon College included many responsibilities as both an assistant professor and department chair. In addition to academic advising and teaching a wide range of classes, I supervised student internships, senior capstone projects, and courses by conference. I was involved in several on-campus groups, including Psi Chi, the Psychology Club, the Huntingdon travel program, and several faculty committees. As department chair, I completed administrative duties that included budgeting, course scheduling and rotations, and departmental assessment.

2006

Elon University, Elon, NC

Adjunct Assistant Professor

2005

High Point University, High Point, NC

Adjunct Instructor

2000-2006

University of North Carolina at Greensboro, Greensboro, NC

Research Assistant, Teaching Assistant, and Instructor